History of War Neuroses/War Trauma I
Contributions of Psychoanalysis to War Trauma

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Course Objectives:
1. To introduce students to the contributions of psychoanalysis to war trauma, emphasizing the seminal works of Freud, Jones, Fairbairn, and Kardiner.
2. To integrate these thinkers’ ideas into an explanatory framework encompassing intrapsychic, interpersonal, and sociocultural/historical phenomena.
3. To explore trauma ideas and concepts and their potential for both intersection and conflict with attachment theory and cognitive neuroscience.
4. To enhance students’ ability to apply course material to relevant clinical practice.

Required Texts:
Shephard, B. (2001). *A war of nerves: Soldiers and psychiatrists in the twentieth century*. Cambridge, Mass: Harvard University Press. This text is to be used for both classes: War Trauma I, and War Trauma II.


Recommended Texts:

Reading List:

**CLASS 1: OVERVIEW OF COURSE**

Shephard, B. (2001). *A war of nerves*. Introduction; Prologue-The Shock of the Shell; Chapter 1: Doctor’s Minds; Chapter 2: Shell Shock in France; Chapter 3: Trench Work; and Chapter 4: The Somme.

**CLASS 2: CLASSICAL PSYCHOANALYSIS: ERNEST JONES**


**CLASS 3: CLASSICAL PSYCHOANALYSIS: SIGMUND FREUD**


**CLASS 4: SIGMUND FREUD CONTINUED**


**CLASS 5: EARLY OBJECT RELATIONS:**

**WILLIAM RONALD DODDS FAIRBAIRN**


**CLASS 6: EGO PSYCHOLOGY AND ADAPTATION (IN LINE WITH HARTMANN): ABRAM KARDINER**


Shephard, B. (2001). *A war of nerves*. Chapter 16: New Ways of War; Chapter 20: Learning from the Germans; Chapter 22: A Good War?


**CLASS 7: CLINICAL CONSIDERATIONS IN WORK WITH WAR-RELATED TRAUMA-PART 1 WRAP UP**


**History of War Neuroses-Contemporary Theories/War Trauma II Contributions of Psychoanalysis to War Trauma**

**Required Texts:**


Shephard, B. (2001). *A war of nerves: Soldiers and psychiatrists in the twentieth century*. Cambridge, Mass: Harvard University Press. This text is to be used for both classes: War Trauma I, and War Trauma II.


**Highly Recommended Texts:**


**CLASS 1: OVERVIEW OF COURSE --- ROY GRINKER: DYNAMIC FORMULATION OF TRAUMA AND THE PRE-EXISTENT NEUROSIS**


**CLASS 2: DYNAMIC PSYCHOTHERAPY—PSYCHODYNAMIC AND COGNITIVE MODEL: MARDI HOROWITZ**


Mardi Horowitz—Stress Response Syndromes: Cognitive-Psychodynamic Approach-handout (to be provided)


**CLASS 3: DYNAMIC PSYCHOTHERAPY—PSYCHODYNAMIC AND COGNITIVE MODEL: MARDI HOROWITZ (Continued)**


**CLASS 4: CLASSICAL SELF PSYCHOLOGY: ANNA ORNSTEIN**


**CLASS 5: SELF PSYCHOLOGY, INTERSUBJECTIVITY, AND RELATIONAL SYSTEMS THEORY: DORIS BROTHERS**

Brothers, D. (2008). *Toward a psychology of uncertainty: Trauma-centered psychoanalysis*. Chapter 2: Making the Unbearable Bearable; Chapter 3: Trauma as Exile; Chapter 4: Sanctuary on the Ledge: Trauma-Centered Treatment; Chapter 6: To Die With Our Dead; Chapter 8: In the Ashes of Burnout.

**CLASS 6: RELATIONAL PSYCHOANALYSIS, INTERSUBJECTIVE SYSTEMS THEORY: ROBERT STOLOROW**


**CLASS 7: THE CULTURE OF TRAUMA: SOCIETY, MILITARY, THE FAMILY**


**BIBLIOGRAPHY**


