Psychodynamic Psychotherapy
Reading List

Essential List

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With Special Thanks To
Ellen Berman, MD, Eve Caligor, MD, Karen Gilmore, MD, Lisa Mellman, MD, and Robin Renders, MD
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II. HISTORY


III. BASIC PRINCIPLES


IV. THEORY OF MIND


V. DEVELOPMENT


VI. PSYCHOPATHOLOGY


VII. ASSESSMENT: INTERVIEWING AND FORMULATION


VIII. TREATMENT


IX. RELATIONSHIP TO OTHER THERAPIES


X. THE PSYCHOTHERAPY EXPERIENCE: CASE DESCRIPTIONS


XI. CLASSIC FREUD PAPERS (Most of these papers can be found in Gay, P., ed., (1989) The Freud Reader, New York: W.W. Norton.


Freud, S. (1911-15) Papers on technique, Standard Edition 12: 89-171 (Words of wisdom from Freud on beginning treatment, interpreting dreams, the dynamics of transference, understanding enactment, and other topics.)


(The Oedipus complex, development, and structure formation.)

Freud, S. (1925[1924]) An autobiographical study, Standard Edition 20:1-70 (Freud’s life story in his own words.)

XII. NEW DIRECTIONS

A. Cognitive Neuroscience and Psychoanalysis


B. Evidence Base for Psychodynamic Psychotherapy

