Psychodynamic Psychotherapy
Reading List

Comprehensive List

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With Special Thanks To
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III. BASIC PRINCIPLES


IV. THEORY OF MIND

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B. Fantasy and psychic reality: conscious and unconscious


C. Structural Theory and Ego Psychology


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**D. The development of the self**


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**H. Gender development**


**I. The oedipus complex**


J. Play


K. Latency


L. Puberty and adolescence


**M. Homosexuality**


See also web link to the American Psychoanalytic Association Committee on Gay and Lesbian Issues bibliography, http://www.apsa.org/ctf/cgli/bibliography.htm.

**N. Post-adolescent development**


**O. Parenthood and pregnancy**


**P. Midlife and aging:**


VI. PSYCHOPATHOLOGY

A. Core texts


B. Core concepts: Neurosis and character


C. Severe personality disorders


**D. Pathological narcissism, narcissistic personality and antisocial personality:**


E. Masochism and masochistic personality


F. Hysterical and histrionic personality and dissociative disorders


G. Obsessional personality


H. Anxiety and depression


I. Trauma and Loss


J. Paraphilias, Substance Abuse, Eating Disorders


K. Psychosis

VII. ASSESSMENT: INTERVIEWING AND FORMULATION


VIII. TREATMENT

A. Core Texts


B. Therapeutic Relationship, Engagement, Resistance


C. Recognizing and Working with Transference and Countertransference


D. Interventions: questions, clarifications, interpretations


E. Working with fantasy, dreams


**F. Boundaries and mistakes**


**G. Middle phase and working through, mechanisms of change**


**H. Termination**


I. **Suicidal patient**


J. **Experience of being a therapist**


K. **Relationship to other psychotherapies**

a. **CBT**


b. **Psychoanalysis**


c. **Couples/family/systems**


d. **Psychopharmacology**


**IX. THE PSYCHOTHERAPY EXPERIENCE: CASE DESCRIPTIONS**


**X. CLASSIC FREUD PAPERS** (Most of these papers can be found in Gay, P., ed., (1989) *The Freud Reader,* New York: W.W. Norton.


Freud, S. (1911-15) Papers on technique, Standard Edition 12: 89-171 (Words of wisdom from Freud on beginning treatment, interpreting dreams, the dynamics of transference, understanding enactment, and other topics.)


Freud, S. (1925[1924]) An autobiographical study, Standard Edition 20:1-70 (Freud’s life story in his own words.)

XI. NEW DIRECTIONS

A. Cognitive Neuroscience and Psychoanalysis


B. Evidence Base for Psychodynamic Psychotherapy
